



A DECADE OF EXCELLENCE AND RESPECT FOR LIFE



SCIENTIFIC CME ON WELLNESS & LONGEVITY

DATE: 26TH OCTOBER 2024

Venue: Convention Centre, 1st Floor, Kapol Niwas,
Sir H. N. Reliance Foundation Hospital, Prarthana Samaj,
Girgaon, Mumbai - 400004

1 MMC POINT

PROGRAM AGENDA

TIME	TOPIC	SPEAKER
9:30 am - 9:55 am	REGISTRATION FOLLOWED BY TEA / COFFEE	
9:55 am - 10:00 am	Welcome Address	Dr. Charulata Pamnani Director, Medical Services
10:00 am - 10:25 am	All that's Sugar is not Sweet	Dr. Chetan Bhatt Mentor, Institute of Gastrosciences
10:25 am - 10:50 am	Ageing in Today's Environment	Dr. Preeti Chhabria Director, Internal Medicine
10:50 am - 11:15 am	Eating Towards Good Living	Dr. Eileen Canday Head, Nutrition & Dietetics
11:15 am - 11:40 am	Working your way towards Fruitful Life	Dr. Aashish Contractor Director, Rehabilitation & Sports Medicine
11:40 am - 12:05 pm	Maintaining Brain Health	Dr. Arun B. Shah Director, Neurosciences
12:05 pm - 12:30 pm	Move Strong, Live Long: Orthopedic Insights for Healthy Living	Dr. Vaibhav Bagaria Director, Orthopaedics
12:30 pm - 12:55 pm	Where your Heart Lies?	Dr. Maulik Parekh Head - TAVR and Structural Heart Programme
12:55 pm - 1:25 pm	LUNCH	
1:25 pm - 1:50 pm	Preventing & Combating Cancer	Dr. Sewanti Limaye Director, Medical & Precision Oncology & Oncology Research
1:50 pm - 2:25 pm	Panel Discussion - Life depends on the Liver	PANELISTS: <ul style="list-style-type: none"> Dr. Akash Shukla Director, Hepatology Dr. Chetan Bhatt Mentor, Institute of Gastrosciences Dr. Amit Maydeo Chairman, Institute of Gastrosciences Dr. Ravi Mohanka Director, Liver Transplant & HPB Surgery MODERATOR: Dr. Tarang Gianchandani Group CEO - Healthcare Initiatives. Chief Executive Officer - Sir H. N. Reliance Foundation Hospital
2:25 pm - 2:30 pm	Vote of Thanks	Dr. Rahul Verma Director, Paediatric Sciences, Academics & Research