

Sir H. N.



**Reliance**  
Foundation Hospital  
RESPECT FOR LIFE

## HEALTH TALK - DIABETES AWARENESS



**Date:** 14<sup>th</sup> November 2024 (Thursday)

**Venue:** Convention Centre, 1<sup>st</sup> Floor, Kapol Niwas,  
Sir H. N. Reliance Foundation Hospital, Prarthana Samaj, Girgaon, Mumbai 400 004

### PROGRAM AGENDA

Time	Session	Teams Involved	Speakers
1:00 pm - 1:10 pm	Welcome Address & Introduction Overview of World Diabetes Day and its significance		Dr. David Chandy Dr. Sonali Kagne
	Technology's Role in Diabetes Care	(1) RFH + Wellness App (2) One-Stop Diabetes Programme	Dr. David Chandy
1:10 pm - 1:40 pm	<b>Session 1:</b> Diabetes Basics	Endocrinologist & Diabetologist	Dr. David Chandy Dr. Nikhil Bhagwat Dr. Gaurav Beswal Dr. Jasmina Vora Dr. Sonali Kagne
1:40 pm - 2:10 pm	<b>Session 2:</b> Diabetes Complications	Cardiologist, Nephrologist, Neurologist & Ophthalmologist	Dr. Talha Meeran Dr. Maulik Parekh Dr. Sudhiranjan Dash Dr. Gowardhan Gupta Dr. Bhavesh Vora Dr. Rushi Deshpande Dr. Sujal Shah Dr. Ishu Goyal
2:10 pm - 2:30 pm	<b>Session 3:</b> Nutrition, Brain, Emotion, and Diabetes	Dietician & Clinical Psychologist	Ms. Aranta Matondkar Ms. Mehezabin Dordi
2:30 pm - 2:50 pm	<b>Session 4:</b> Move to Improve: An Interactive Exercise Practice	Physiotherapist	Dr. Disha Pujary
2:50 pm - 3:20 pm	Break & Refreshments		
3:20 pm - 3:40 pm	<b>Session 5:</b> Dental Health & Foot Care in Diabetes	Dentist Diabetic Foot Specialist (Podiatrist)	Dr. Gauri Merchant Dr. Urvashi Goswami
3:40 pm - 3:50 pm	Open forum for participants and attendees to ask questions and share insights		All Panelists

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For more details, Please Contact +91 83558 80953



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